



# Child & Family Welfare Foundation

A Project for the Disabled & Polio Affected

PO-Box 8421, IIT Powai, Mumbai 400076 INDIA • 9833751237 /9920450154 /158  
Email: [info@cfwf.org](mailto:info@cfwf.org) • Web: [www.cfwf.org](http://www.cfwf.org) Reg. Public Charitable Trust, Mumbai #E27406 • 80G

## CFWF 2012 Progress-Report ♦ Mumbai, Juni/Juli 2012

The team and volunteers of *CHILD & FAMILY WELFARE FOUNDATION* send greetings your way and appreciate all the support and kind help, received in the form of donations, goods and valuable services. The joint efforts with like-minded individuals and companies have given our project a boost and helped us to succeed in carrying on our project for the Disabled and Underprivileged for another year. Heartfelt thanks to all those who contributed in one way or another. We hope that the brief updates below will give insight of what is being presently accomplished by CFWF and what are the further needs of the project. The setting up of a Public Trust with its own website was completed. However we are still in a stage of transition for expansion. On the right are seen CFWF-Josef with Amarjeet of *Top Catz Solutions* during a discussion to improve and upgrade our presence on the Net.



### Supply of many Orthopaedic Aids to disabled Children!



Comments to the Pictures:

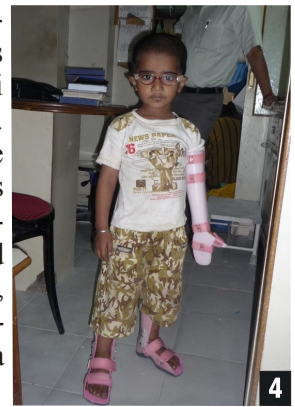
**1)** Omkar (6) with his aunt Leela and Josef of CFWF during a trial of his new calliper. Though Omkar has considerable difficulty with his body mechanics due to Cerebral Palsy, he is very enthusiastic in taking his first steps. **2)** CFWF Bandu during fieldwork and consultation.

**3+4)** Arun Solat of OAALMAC is fitting arm and leg braces to Sanchit(5), who gives it a trial!



For the last 6-12 months we received an increasing number of requests for all sorts of Orthopaedic Aids for disabled children. CFWF is working together with OAALMAC Centre in Mumbai, where Mr. Solat and his team manufacture as per individual need; Callipers, Ortho-shoes, Crutches, Braces for arms & legs, Pelvic bands, Insoles, Corsets for supporting the spine & back, Traction-devices & others.

We are glad to offer free help and service to poor families and their disabled children, who are not able to pay for it, due to economic constrains. Patients come from all over Mumbai & the State of Maharashtra. What a delight to see these children's lives change as they walk towards a brighter future! With increased funding in the future, CFWF will be able to extend help and assistance to a greater number of Disabled.

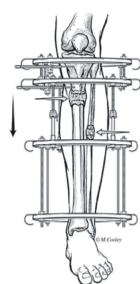


### Correctional Surgeries at Shraddha Clinic / Manjula's Treatment

Free Medical Check-up under CFWF-Project available at Shraddha Clinic by Dr. P. Desai!



Many patients have received various Medical exams, consultations and diagnosis for treatment. Among several patients undergoing correctional surgery is 20 year-old Manjula Jankar from South-Maharashtra. She suffers from deformities in her left leg due to Polio since infancy and has to support her leg with every step she takes, to keep it from caving in. After a check-up by Dr. Desai (2), the 1<sup>st</sup> stage surgery was carried out.



Limb-Lengthening Fixator



Manjula, with her mother, is seen recovering at the hospital(3) after having received 3 corr. surgeries simultaneously. Much of the deformity in her leg was corrected. A shortening of 2 inches remains in her left leg, for which a Limb-Lengthening procedure is scheduled. CFWF is waiting for new funding (Cost is INR 35,000/-) for Manjula to complete treatment.





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## Special Event at CFWF-Unit for underprivileged children!

In a joint effort with the NGO **SPONSOR-A-BOOK**, volunteers of CFWF conducted an event and a small workshop for a group of disabled children presently in treatment and our care.

The children eagerly waited to receive the beautiful, laminated and highly motivating character-building poster books with simple, catchy English quotes. It was a truly beneficial and joyful event with nice interactions on the topic of education along with food served for all.

### Comments to the Pictures:

- 1)** Nisha of CFWF (right) passes out sets of 'Start Early' poster books in English to all the children present.
- 2)** Children & family members of patients gather with Josef & Nisha of CFWF at the event.
- 3)** Children proudly displaying their gifts and books, while Tanay is being read to by his father Sanjay Singh.
- 4)** After a Demo & introduction by our volunteers, children begin excitedly with their first reading exercises.



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### CFWF-team needs help & a boost!

For many years a small team of volunteers, presently consisting of four people and part-time helpers, has carried out the project for the Poor and Disabled with enthusiasm and diligence.

CFWF lacks finances to keep up the great cause. We are in urgent need of another coworker with qualifications and talents in fundraising, promotion, communications and editorial skills.



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### 1-2-3 We are on our Way - Step by Step

Yes, these children are on their way to a better future. For some it's small steps, for others it's a huge leap!

- 1)** Tanvi (5), excitedly trying out the new braces at OAALMAC Centre, her mother assisting her.
- 2)** Sarthak (6) has a pleased look on his face, his Ortho-shoes with leg-braces helping him taking his 1st steps.
- 3)** Also Hardika (7) is progressing well.
- 4)** Ashwini (15) had her implants recently removed and poses with her mother.

### The story of little Tanay Singh and the plight of his family

- 1)** Bandu of CFWF with Tanay and his parents during the first meeting.
- 2)** Little Tanay being held & supported by his father, trying to stand up.
- 3,4)** He excitedly began exercising with his new walker & leg-braces.



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Tanay (8) lives with his parents Sanjay and Geeta in a distant suburb north of Mumbai. From the age of 6 months he is disabled due to Cerebral Palsy, which left him with deformities in his arms and particularly in his legs. He is a bright and joyful little boy, mentally alert, but his bodily motor functions are lacking, as is usually the case with CP patients.

Due to his disability Tanay was not able to walk, nor could he stand upright on his own without support. Sanjay and Geeta contacted us and requested CFWF to sponsor a specially made walker with arm and leg braces for the boy. The family is suffering from economic hardship, because Sanjay lost his good job of being a company driver for 18 years. He hasn't been able to find a new job yet and it's a big burden on them. Both of them are nice people, of good character and we are now trying to help Sanjay get employment. Tanay is excitedly practising with his new Ortho-aids and begins with Physio exercises too. His parents are encouraged and very thankful for the help.



## A Tribute to our friend, Dr. Colin Cunningham, Cambridge UK (†)



**Comments to the Pictures:** **1)** Dr. Cunningham (MA PhD FSA) from Cambridge, during one of his later visits to Mumbai, with CFWF Project-coordinator Bandu. **2)** Discussing medical needs of patients and exchanging niceties with Dr. Desai. **3)** During a slum survey, meeting Polio patient Brijesh and sharing a light moment, exchanging their walking sticks with each other! **4)** Dr. Cunningham, a sample to us of courage, perseverance and reaching out to those in need. Though himself he suffered from Dystonia and had difficulty moving around with his cane, he never hesitated to accompany us on difficult paths to visit patients and socialize with them!

Ten years ago Professor Dr. Cunningham came to know about our project and visited us in Mumbai with his wife Alisoun. As a historian documenting the spinning mills of India and the UK, his work brought him several times to India. Since getting to know about our project and work among the poor he was in regular, close contact, following its progress with great interest, introducing our project to Cambridge University and his local community.



Working with Dr. Cunningham was a delight. His wife Alisoun, being a nurse, also took part in our activities, caring for patients at a Polio-Camp. In mid 2011 he informed us of him being diagnosed with cancer of a later state. In August we received the shocking news of his sudden death from his wife. We miss him greatly; his support and initiatives will always be remembered by us. We wish his wife and family strength and consolation.



**Comments to Patient Rafiq (1,2):** **1)** Polio-patient Rafiq (21) had a remarkable change for the better after successful corr. surgery. He now can walk with a temp. Calliper. **2)** Limb-lengthening was diagnosed at a recent Med. exam by Dr. Desai, to correct 2 inches shortening in his right leg. Cost is same the as Manjula's: Rs35000/-



## Current Treatments // Patients waiting for Corr. Surgeries

Besides Rafiq, Manjula and Ashwini there are old and new patients waiting for correctional surgery and treatment. Other patients are requesting only Ortho-appliances. A few of them are listed briefly in this report:

**3)** Fatima Shaikh (19) is suffering from serious deformities in both lower legs due to Polio Meningitis. She requires multiple corr. surgery. **4)** Little Faizan (5) just received braces for his legs. He also needs a walker, regular Physio and another Med. exam. **5)** Phiroz is an ex-patient who was helped from crawling to walking 10 years ago. He needs braces and a calliper. **6)** Chandrashekhar (11) has CP & needs corr. surgeries to improve mobility.



## ► Our Commitment and Project-Aims ► Make a Contribution today

**CHILD & FAMILY WELFARE FOUNDATION** invites you to join our cause of improving the lives of disabled, underprivileged children for a better future. Activities are carried out by a small, dedicated team of CFWF's Public Charitable Trust, a registered NGO with the government of India. Kindly visit our website: [www.cfwf.org](http://www.cfwf.org) for more information or meet us in person by dropping by for a visit at our unit in Mumbai to see the project firsthand. Donations can now be made easily (within India) by Net-banking to CFWF's account at ICICI Bank. We appeal to the corporate sector of India to consider allotting the yearly CSR-Fund to our project. Please make a contribution today to help us carry on our service to the less-advantaged in our society.



Arrival of baby-boy Arav in Dec 2011 • Moving our unit to a new location in Jan 2012

## Thoughts on Giving & Sharing!



*We cannot hold a torch to light another's path without brightening our own. The more you give, the more you get. If your heart is full of love, you always have something to give.*

Thank you for working and investing with us in the lives of these needy, disabled children and young adults. Together we can make a difference! We wish you prosperity, success and good health.

With greetings & warm regards,  
**CHILD & FAMILY WELFARE FOUNDATION**  
Josef S, Project-Manager